

FOOD ALLERGIES AND ANAPHYLAXIS

SAMPLE CHECKLIST FOR THE DEVELOPMENT OF STUDENT HEALTHCARE PLANS

- First, use critical thinking to determine if the student needs an individualized healthcare plan and/or emergency care plan (sometimes called an Emergency Action Plan) (i.e., requires daily comprehensive health services, has known severe food allergy, medically fragile, has a health issue as part of an IEP or 504 Plan)
- Use the nursing process to develop the student's healthcare plan(s)
 - Assessment – collect assessment from the healthcare provider, student, and family
 - Healthcare provider orders
 - Health history related to food allergies and anaphylaxis
 - Social determinants of health and education (e.g., family, health literacy, access to health insurance and health care)
 - School environment
 - Individual student characteristics (e.g., developmental level, self-management competency)
 - Review of systems
 - Objective data
 - Equipment and supplies
 - Diagnosis – formalize a student-centered statement of the problem or focus of care
 - Plan outcomes and evidence-based interventions
 - Collaborate with student and parent/caregiver to create the healthcare plan(s)
 - Discuss balance between student safety and privacy/confidentiality at school
 - Obtain written authorization for exchange of information with healthcare provider(s)
 - Plan for increasing student self-care capability
 - Identify the school personnel needed to provide support student (e.g., nutrition services, classroom teachers, social services)
 - Develop the student's emergency care plan and identify school personnel who should receive a copy
 - Determine student and school personnel access to rescue medication
 - Plan for periodic evaluation
 - Implement the plan of care
 - Evaluate student outcomes. For example evaluate:
 - School personnel training on the student's emergency care plan
 - Student's competence at self-care
 - Student's knowledge/awareness of the seriousness of food allergies and anaphylaxis
 - Status of access to healthcare (e.g., medical home, insurance)
- Review and update healthcare plans based on evaluation of student outcomes at least annually